

PERSEVERANCE

Looks like...

Studying and working hard to raise your academic grade in a subject

Saving money and making sacrifices for a long time to buy something special

Trying a new sport that is difficult for you

Setting a goal for yourself and not giving up until it is accomplished

Acts like...

Studying and working hard, even if you feel discouraged

Trying out for a spot on a team or club for a second time

Practicing your sport or musical instrument so you will play well

Trying your best even when times are difficult

Sounds like...

“I’m going to do it no matter what it takes.”

“I can do it.”

“I’m not going to give up.”

“It’s not going to happen overnight but I am going to succeed.”

“Try, try, and try again!”

Feels like...

Determination

Confidence

Stamina

Patience

Sacrifice