

# Caring is:

Kindness  
Concern for others  
Understanding how another person feels  
Comforting others  
Thoughtfulness  
Love

I know I am caring in the classroom and in school when I...

- share
- do something for my teacher without expecting a reward
- use kind words
- invite a new student to play with me and my friends
- help someone with work they do not understand
- give up my place in line
- sharpen someone's pencil

I know I am caring in the cafeteria and on the playground when I...

- include everyone in a conversation and in games
- do not gossip
- use kind words
- share
- take action when someone else is being unkind

I know I am caring at home when I...

- help out without being asked
- listen carefully to what I need to do
- remember things important to my family, such as birthdays, anniversaries, and rules
- give a hug when someone is sad
- show my love
- call my grandparents and loved ones

I know I am caring with my friends and in the community when I...

- listen to my friends and comfort them when they are sad
- share my belongings
- remember birthdays or important occasions with cards or small gifts
- am loyal
- volunteer to help with organizations that assist others
- donate to people in need