



# BUILDING CHARACTER

DECEMBER

Need for Speed Underground for Playstation 2: \$49  
Bratz Tokyo-A-Go-Go Collection: \$39  
Digital camera with 5.0 megapixels: \$279  
Time spent listening and showing genuine concern

for one another: Priceless.

This holiday season consider acts of caring and kindness for your gift list.  
*HAPPY HOLIDAYS!*



## CARING AT HOME

1. Play the "Caring Game." Write down on strips of paper at least 15 actions that show caring. (For example: give someone in the family a hug, or help with the laundry.) Fold the papers in half and place them in a bowl. Sit in a circle and place a bottle in the center. Select a member of the group to spin the bottle. When the bottle stops, have the person the bottle is pointing to pick a slip of paper and complete the action written on the paper, either right then or at a later time. Each person keeps the slips of paper they select.
2. Using a soft indoor ball, take turns throwing the ball back and forth to one another. Each time you throw the ball you give the person you throw it to a compliment. Point out something that is special about him/her.
3. Make "caring" cards for family, friends, and community helpers. Let these folks know how much they are appreciated. Help the kids deliver the cards with a smile.

## 20 Gifts to Give

1. Mend a quarrel.
2. Seek out a forgotten friend.
3. Hug someone tightly and whisper, "I love you so."
4. Forgive an enemy.
5. Be gentle and patient with an angry person.
6. Express appreciation.
7. Gladden the heart of a child.
8. Find the time to keep a promise.
9. Make or bake something for someone else—  
anonymously.
10. Speak kindly to a stranger.
11. Enter into another's sorrow.
12. Smile. Laugh a little. Laugh a little more.
13. Take a walk with a friend.
14. Kneel down and pat a dog.
15. Lessen your demands on others.
16. Apologize if you were wrong.
17. Turn off the television and talk.
18. Thank someone who helped when you hurt.
19. Give a soft answer even though you feel  
strongly.
20. Encourage an older person.

from *The Finishing Touch* by Charles Swindoll

*"The power of love and caring  
can change the world."*

James Autry



**BUILDING CHARACTER...THERE'S NO PLACE LIKE HOME!**