

COURAGE

Looks like...

Standing up for your beliefs even if they are different from others'

Taking a risk even if you are afraid

Facing and handling painful situations

Acts like...

Refusing to give in to peer pressure

Rescuing someone in trouble or in pain

Including someone who may need a friend or a second chance

Sounds like...

"I'm sorry" when you make a mistake

Admitting when you were wrong

Saying no to something you know is wrong

Introducing yourself when you don't know anyone in the room

Feels like...

Scary times

Nerve

Bravery

Confidence

Determination

Strength