



PARTICIPATION IN PHYSICAL EDUCATION (GRADES K-12)

All students shall participate in physical education. No student shall be permitted to waive or substitute other classes for the physical education requirement except as follows: Suitably adapted physical education shall be included as part of the Individualized Education Program for students with a chronic health problem, other disabling conditions, or other special needs that preclude following the Physical Education portion of the Essential Standards: <http://www.ncpublicschools.org/acre/standards/new-standards/>. (IDEA: <http://www2.ed.gov/policy/speced/leg/idea/idea.pdf>).

Name of student: _____

Teacher: _____ Grade: _____

School: _____

Please Check One:

- My child is able to fully participate in physical education.
- I would like the physical education teacher to be aware of the following health concerns (e.g., diabetes, allergic reactions, asthma, heart conditions) that may require modifications or a specially designed physical education program:

Signature of parent/guardian: _____ Date: _____